

**Positive Prevention Plus**  
**BUSD Comprehensive Sexuality Education**  
**7<sup>th</sup> Grade Syllabus**

Lesson Name	Content	
1. Getting Started	<ul style="list-style-type: none"> <li>- Teen Sexual Health</li> <li>- Creating Safe Space for Discussing Potentially Embarrassing Topics</li> <li>- Group Agreements &amp; Pre-Assessment</li> </ul>	
2. Understanding Change	<ul style="list-style-type: none"> <li>- Sexuality related terms</li> <li>- Gender, Identity, Roles and Orientation</li> <li>- Gender roles and stereotypes</li> <li>- Puberty &amp; Sexual Development of Human Body (Female and Male)</li> </ul>	
3. Exploring Friendships and Other Relationships	<ul style="list-style-type: none"> <li>- Friendships</li> <li>- Differences between Liking and Loving</li> <li>- Planning a safe and healthy activity</li> </ul>	
4. Bullying and Abuse	<ul style="list-style-type: none"> <li>- Setting boundaries</li> <li>- What is Consent</li> <li>- Ground rules for Social Media</li> <li>- Relationship Violence &amp; Protecting yourself</li> </ul>	
5. Human Trafficking	<ul style="list-style-type: none"> <li>- Sexual Harassment &amp; Sexual Assault</li> <li>- Human Trafficking</li> <li>- Resources and Services</li> </ul>	
6. Preventing Unplanned Pregnancies	<ul style="list-style-type: none"> <li>- Prenatal Care and Parenting</li> <li>- Safe sex options &amp; practicing abstinence</li> </ul>	
7. Making Informed Decisions	Making Healthy Decisions <ul style="list-style-type: none"> <li>- Pregnancy Options (Parenting, Adoption, Abortion, Safe Surrender)</li> <li>- Understanding the California Safe Surrender Law</li> </ul>	
8. Myths and Stereotypes; HIV Disease and AIDS	<ul style="list-style-type: none"> <li>- HIV and AIDS Myth Buster HIV/AIDS Overview</li> <li>- Being Compassionate</li> <li>- HIV Transmission/Treatment/Prevention</li> </ul>	
9. Preventing STIs & STDs	<ul style="list-style-type: none"> <li>- Overview of Sexually Transmitted Infections (STI) &amp; Diseases (STD)</li> <li>- STI Testing</li> </ul>	
10. Risk Recognition and Risk Reduction	<ul style="list-style-type: none"> <li>- Recognizing risks and eliminating myths</li> <li>- Universal precautions</li> </ul>	
11. Media & Peer Pressure	<ul style="list-style-type: none"> <li>- Media and Peer Pressure</li> <li>- Assertive Skills Practice</li> <li>- Risk Avoidance Plan</li> </ul>	
12. Accessing Community Services	<ul style="list-style-type: none"> <li>- Activity to identify local resources</li> </ul>	
13. Goal Setting & Wrap-Up	<ul style="list-style-type: none"> <li>-The Path to Personal Goals &amp; Setting Goals for the Future</li> <li>- Post-assessment</li> </ul>	
請利用校區熱線電話 1-408-923-1901 會有人與您聯繫,為您翻譯資料上的 重要內容	Si desea más información en español por favor llame a la línea de asistencia en español al 1-408-923-1902 y alguien le llamará para darle un resumen de este documento.	Xin gọi số hotline của khu học tại 1-408-923-1903 và sẽ có người giúp quý vị để hiểu những điều cốt yếu của văn kiện.